

August 2026 Newsletter

www.silvermemories.com.au

Silver
MEMORIES
MUSIC RECONNECTING LIVES

Vietnam Veterans' Day - 18 August



Commemorating 60 years since the
Battle of Long Tan, Vietnam.

18 August is a day to honour approximately 60,000 Australians who served to support the people of South Vietnam during the Vietnam War. We honour Australian soldiers for taking on the duty which was asked of them.



Silver Memories Announcer – Kay Lyons

In June, we welcomed Kay back to the announcing team at Silver Memories. She first started volunteering at Silver Memories in 2018 and had to take a break from broadcasting in 2022. When Kay first started at Silver Memories she would think of her favourite uncle. She imagined that he was listening to the show and in hindsight he might have been part of the motivation for Kay's entry into broadcasting on Silver Memories.

Each Tuesday when Kay broadcasts, she will be happily selecting a wonderful variety of music including jazz greats such as **Ella Fitzgerald, Peggy Lee and Tony Bennett**, through to icons such as **Aretha Franklin and Petula Clark**, as well as much-loved Australian artists including **The Seekers, John Farnham and Olivia Newton-John**.

Kay has seen the benefit of music therapy first hand when singing with her father. He suffered from dementia but could remember the words to **Daisy** and would enjoy singing together. Kay's passion for music and singing started in primary school when she joined the school choir. Kay still sings, plays the piano and is active in choirs when she has time.

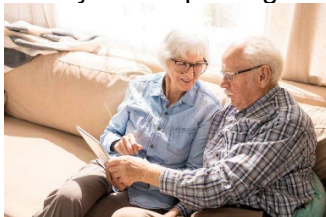
Outside of Silver Memories, Kay pursues acting endeavours and has appeared in ten films. She is also a teacher, so Kay had no problem performing in that role in the films **Dora and the Lost City of Gold** and **Godzilla vs. King Kong**.

Through travel and having lived in **Brisbane, Sydney and Airlie Beach**, Kay can connect well with listeners in different parts of Australia, knowing shared similarities and differences.

"I ENJOYED THE MUSIC ON SILVER MEMORIES THIS MORNING AND SO DID MY
NEIGHBOURS!"

Silver Memories BLOG

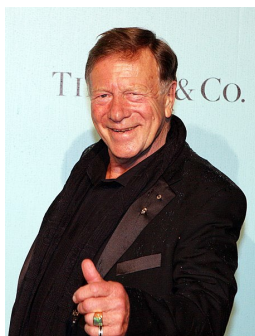
Silver Memories is focused on music reminiscence therapy. We see this therapy deliver results everyday for people in need of improving their quality of life. Specific areas in which music provides that extra support includes in pain management, improving mobility and improving diet.



Make sure you add some colour to every day with music to bring happiness and provide a positive atmosphere. To read more about the added benefits to music reminiscing therapy, visit the Silver Memories website ARTICLES section or click on the link below if you are reading via a screen:

[Music Reminiscence Therapy](#)

Famous Australians



Jack Thompson AM was born in Manly, NSW on 31 August 1940. His mother passed away when he was three and his father was unable to care for him. He was sent to Lake House orphanage in Narrabeen. Jack was adopted by poet and ABC broadcaster John Thompson and his wife, Pat.

Jack began his acting career in 1968 and acted in many different TV shows prior to his lead role in TV drama, **Spyforce**. From 1968 onwards Jack appeared in various films and had great success in the 1980s. During this decade, he was cast in **Breaker Morant**, **The Man from Snowy River**, **Merry Christmas Mr. Lawrence**, and **The Last Frontier** alongside many other productions.

Jack Thompson has appeared in more than 60 films and 40 different TV series.

The Year That Was

Broadcast Thursdays at 10am (AEST) 9.30am (ACST) and at 8am (WST). **The Year That Was** presents an excellent opportunity to reminisce about past happenings from a specific year. We remember the following years:

[1949 on Aug 6](#)
[1964 on Aug 13](#)
[1979 on Aug 20](#)
[1968 on Aug 27](#)
[1980 on Sep 3](#)
[1957 on Sep 10](#)
[1973 on Sep 17](#)
[1979 on Sep 24](#)
[1947 on Oct 1](#)
[1954 on Oct 8](#)
[1959 on Oct 15](#)
[1971 on Oct 22](#)
[1975 on Oct 29](#)

Activity Session plans for the programs are available from the Silver Memories website.

There are a variety of programs available on the Silver Memories App as well.

Roberta

Songs from the musical, Roberta, will be broadcast on Thursday, 20 August at 2pm (AEST) & 1.30pm (ACST).

Roberta is a musical comedy with music by **Jerome Kern**, and book by **Otto Harbach**, who also wrote most of the lyrics. The musical is based on the novel, **Gowns by Roberta**, by **Alice Duer Miller**.

The musical features the songs "Yesterdays", "Smoke Gets in Your Eyes", "Let's Begin", "You're Devastating", "Something Had to Happen", "The Touch of Your Hand" and "I'll Be Hard to Handle".



The Student Prince will be the featured musical to be broadcast on the third Thursday of the month at 2pm (AEST) and 1.30pm (ACST) 17 September.

Flower Drum Song will be broadcast on the third Thursday of the month at 2pm (AEST), 3pm (AEDT) and 2.30pm (ACDT) 15 October.