

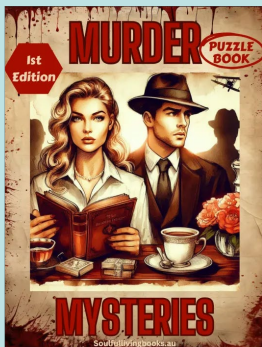
April 2025

# Newsletter

[www.silvermemories.com.au](http://www.silvermemories.com.au)

Silver   
MEMORIES  
MUSIC RECONNECTING LIVES

## Resources for Lifestyle Activities



Soulful Living Books produces activity books and workbooks that create meaningful connections for older Australians. There are a range of books covering topics such as Australian and Irish slang, classic films, murder mysteries, special days of the year and a wide variety of colouring books.

The books include popular activities which many people enjoy daily.

To view all the available products, visit the website:

<https://soulfullivingbooks.au/>

## Happy Easter!

We wish you well for 18-21 April.



## The Soundtrack to our Lives

This new program is broadcast every **Wednesday at 10am (AEST) on Silver Memories**. Note that the east coast of Australia will all be working on AEST time with Daylight Saving ending on 6 April. Listed above are publicity photos for the TV show **Bonanza** with actors **Lorne Greene, Dan Blocker, Michael Landon** and **Pernell Roberts**, a **Singin' in the Rain** poster and a publicity photo for **77 Sunet Strip** with actors **Edd Byrnes** and **Barbara Lang**.

Music features in TV series, soundtracks and also in TV advertisements which we have heard throughout our lives, very much forming a soundtrack from what we choose to watch. Silver Memories presenters **Ray Orr** and **Ronnie Park** curate programs each week based on a film or TV production which has memorable tunes which we have enjoyed hearing.

There are many TV shows and films which included popular music from the time, which often included music from a particular generation or style. Styles that come to mind include, surf music, crooners, beatnik music, rock and roll, soul, folk, and more.

James Bond films have focused on definitive theme songs with notable song writers and musicians, starting with **Monty Norman** and **John Barry** producing the original theme followed by many more memorable songs featuring **Shirley Bassey, Tom Jones, Nancy Sinatra, Lulu,** and **Carly Simon** to name just a few.

There have also been many talented singers who have regularly sung in films including **Elvis Presley, Judy Garland, Bing Crosby, Julie Andrews, Mario Lanza, Frank Sinatra, Dean Martin, Sammy Davis Jr, Barbra Streisand, Olivia Newton-John** and many more.

**CALL 0439 775 116 IF YOU NEED ANY ASSISTANCE WITH SILVER MEMORIES!**

## Silver Memories BLOG

When you connect with new technology and software it can provide some rewarding experiences and help to connect and communicate with friends, and society family. It's important to try and see if new technology works for you or not.



Apps that help you to connect such as video calling are very helpful in maintaining contact.

Also, Apps that provide a connection via music and information such as the Silver Memories App are beneficial.

For more details, visit the Silver Memories website in the articles section or click on the link below if you are reading via a screen:

### [Technology for Seniors](#)

## Famous Australians



**Betty Cuthbert AC, MBE**, was born in Sydney, on 20 April, 1938 and passed away in 2017.

Nicknamed the **Australian "Golden Girl"**, **Betty Cuthbert won three Olympic Gold Medals** (100m, 200m and 4 x 100m relay) at the 1956 Olympic Games in Melbourne and **one Olympic Gold Medal** (400m) at the 1964 Tokyo Olympics.

Throughout her running career, Betty Cuthbert set world record times for 60m, 100 yards, 200m, 220 yards and 440 yards. She received countless sporting awards and even has a rose named after her. Cuthbert was an important player in the creation of **MS Research Australia** and she was a tireless campaigner for raising awareness of the disease.

## The Year That Was

Broadcast Thursdays at 10am (AEST) and 11am (AEDT), **The Year That Was** presents an excellent opportunity to reminisce about past happenings from a specific year. There are a variety of programs available on the App as well.

We remember the following years:

[1966 on April 3](#)  
[1940 on April 10](#)  
[1975 on April 17](#)  
[1937 on April 24](#)  
[1946 on May 1](#)  
[1950 on May 8](#)  
[1935 on May 15](#)  
[1944 on May 22](#)  
[1939 on May 29](#)  
[1941 on June 5](#)  
[1936 on June 12](#)  
[1948 on June 19](#)  
[1951 on June 26](#)

**Activity Session plans for the programs are available from the Silver Memories website.**

## Easter Parade

**Songs from the musical, *Easter Parade*, will be broadcast on Thursday, 17 April at 2pm (AEST) & 1.30pm (ACST)**

***Easter Parade*** was released in 1948 and was a box office success. It was the second most popular musical of the 1940s. The film starred **Judy Garland** and **Fred Astaire** with music written by **Irving Berlin**.

Popular songs from the film include ***Steppin' Out with my Baby***, ***Shakin' the Blues Away*** and the title song, ***Easter Parade***.



***West Side Story*** will be the featured musical to be broadcast on the third Thursday of the month at 2pm (AEST) and 1.30pm (ACST), 15 May.

***Thoroughly Modern Millie*** will be broadcast on the third Thursday of the month at 2pm (AEST) and 1.30pm (ACST), 19 June.